



Ladies NIGHT OUT

MAMMOGRAM SCREENING EVENT! *at Virginia Gay Hospital*

Enjoy appetizers and beverages
and get your annual mammogram!
Recommended for women age 40+

Call (319)472-6300 and schedule!

Walk-ins will be accepted, but scheduling avoids delays.

FOUR DATES TO CHOOSE FROM!

5PM-7:30pm

TUESDAY
**OCTOBER
8**

THURSDAY
**OCTOBER
10**

TUESDAY
**OCTOBER
22**

THURSDAY
**OCTOBER
24**



Pink Heals Fire Truck!

The Pink Heals Fire Truck will be on site showing support on October 24th for our final Ladies Night Out!

Pink Heals is a program that partners with public safety, local businesses, and families to bring a community together.



TUESDAY
**OCTOBER
1**

Join at 6PM for
VGH PINK NIGHT
at Vinton Public Library!

Special Guests: Monica & Survivors of Benton County Group

October is Breast Cancer Awareness Month, and we're hosting a special event to bring our community together in support of this important cause.

Mark your calendars and bring your questions. Join us at the Vinton Public Library for VGH Pink Night, where we will discuss the importance of early detection, share stories of hope, and provide resources for those affected by breast cancer. This is a wonderful opportunity to learn, connect, and support each other. Don't miss out!

Wear Pink! Show your support by wearing pink to the event. Together, we can make a difference!

#PinkNight #BreastCancerAwareness #VintonPublicLibrary #VGH

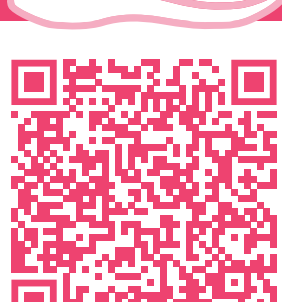
Gifts of Hope

OCT 1
THROUGH
OCT 31

BREAST CANCER AWARENESS VIRTUAL WALK/RUN CHALLENGE

EARLY DETECTION SAVES LIVES
WALK • DONATE • RAISE AWARENESS

Virginia Gay Hospital is hosting the Gifts of Hope Walk/Run Challenge! This virtual event through the month of October is raising funds for Gifts of Hope and encouraging women to schedule their mammograms.



REGISTER TODAY

RUNSIGNUP.COM

SEARCH FOR: GIFTS OF HOPE