



Virginia Gay Hospital Community Health Improvement Plan CHIP

2022-2025



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Virginia Gay Hospital

Our mission is to improve the health of those we serve with a commitment to excellence in all that we do. Our goal is to offer quality care and services that set community standards, exceed patients' expectations, and are provided in a caring, convenient, cost-effective, and accessible manner.



SUMMARY

Virginia Gay Hospital (VGH) In conjunction with Benton County Public Health (BCPH), has a commitment to establishing and maintaining effective partnerships throughout the county and works with all entities that influence community health. The Community Health Improvement Plan (CHIP) 2022-2025 is a dedicated plan to improve and strengthen the local planning process by working with multiple community partners involved in the Community Health Needs Assessment (CHNA) process.

The Community Health Need Assessment (CHNA) done in 2022 identified these three health priorities:

- Mental Health
- Substance Abuse
- Health Prevention

Collaborative work groups are formed, with multiple community partners. To ensure progress on the CHIP, community partners select objectives based on these priorities and identified strategies to achieve these objectives individually and collaboratively. VGH collaborates with different members of our community and has multiple community partnerships involved in the CHNA and CHIP processes.

Local health departments in Iowa are required by state statutes to systematically collect data and make it available to the public as a Community Health Needs Assessment (CHNA). CHNA was last released in December 2019. It is also required to create and enact a CHIP to address the health priorities affecting their community by engaging the public and community partners. The CHNA collects data, while the CHIP works to address the health disparities identified in the CHNA.

CHIP is a living document that is reviewed and revised annually to review current goals and objectives and document progress. This is a tool to provide opportunities for health where the people of Benton County live, learn, work, and play.

BENTON COUNTY DEMOGRAPHICS

Service Area

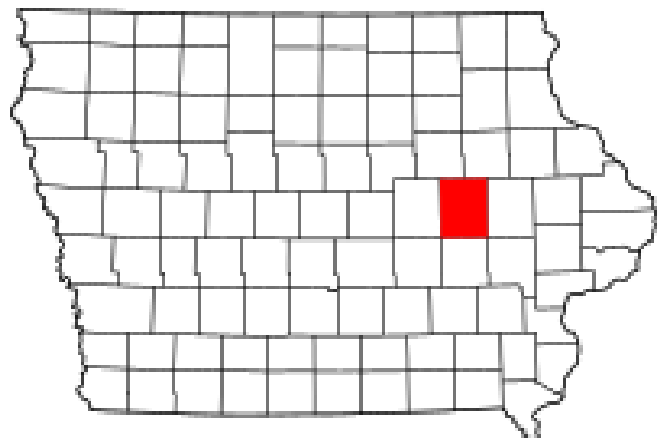
The community VGH serves, as defined for the CHNA, is based on the primary service area of our hospital. The major service area is Benton County, with an area of 716.27 square miles. VGH also services several other counties and states. Per the Iowa Hospital Association Dimensions Program (2022) 82.70% of the 22,340 outpatient visits were from residents of Benton County. Benton County population is estimated at 26,000.

According to the most recent data available from the Centers for Disease Control and Prevention, the death rate for the entire U.S. population increased by 5.3% from 835.4 deaths per 100,000 population in 2020 to 879.7 in 2021. As a result, life expectancy at birth for the U.S. population decreased from 77 years in 2020 to 76.4 years in 2021.

Affordable, high-quality health care is essential to improving our health. But where we live can have an even greater impact. Improving health and longevity in communities starts with ensuring access to healthy food, good schools, affordable housing, and jobs that provide us with the resources necessary to care for ourselves and our families. In essence, the types of conditions that can help keep us from getting sick in the first place.

Benton County, IA borders Black Hawk County, IA, Buchanan County, IA, Iowa County, IA, Johnson County, IA, Linn County, IA, Poweshiek County, IA, and Tama County, IA.

Benton County is the 25th largest county in Iowa. The Benton County estimated population is 25,705 with a growth rate of 0.08% in the past year according to the most recent United States census data.



PRIORITY 1

Mental Health

Per the World Health Organization “Health is a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity.” Mental health includes a person’s emotional, psychological, and social well-being. It is important at every stage of life, from childhood and adolescence through adulthood. A mental illness is a condition that affects a person’s thinking, feeling or mood. Genetics, environment, and lifestyle influence whether someone develops a mental health condition.

Mental Health

- ❖ Goal 1: Reduce intentional injuries among Benton County residents; reduce the percentage of Benton County students who have in the past 12 months seriously considered suicide by 1%.

Actions Completed:

- 9/2022 VGH Employee - Self Awareness presentation; Leading with Grit, Gratitude and Grace
- VGH/ Flash motorsports display on Suicide Prevention and Mental Health Awareness Month.
- 9/2023 VGH Employee Suicide prevention and Employee Assistance Education
- Benton County Suicide Prevention Coalition established in May 2023, ongoing.
- Out of the Darkness Walk September 2023, 120 participants.
- Benton County Open House was held in August 2023 to provide information, resources, and support in relation to suicide prevention.
- An Applied Suicide Intervention Skills Training was held in Benton County, ten people attended.
- Youth Mental Health First Aid Training July 2023. Five people attended.
- The 4-H Mindful Teen: From Surviving to THRIVING program is a statewide partnership with county 4-H programs. The goal of the program is to establish long-term self-care and mindfulness practices that help young people navigate daily experiences and plan for the future. 2022 Benton County 4-H partnership with Vinton-Shellsburg High School.
- 2023 Mental Health First Aid training for two staff at Vinton Public Library. QPR for professionals that work with youth (suicide prevention training) one staff completed.
- Vinton Public Library Received a \$10,000 grant from the American Library Association for providing library services to patrons with intellectual disabilities.
- Abbe Center for Community Health Services ongoing

- ❖ Goal 2: Increase mental health services for Benton County residents.

Actions Completed:

- Promotion of the mental health services available in Benton County.
- VGH expanding Mental Health Services
- VGH hired a full time psychiatric mental health nurse practitioner starting 12/2023.
- VGH is Recruiting a Full time ARNP or Mental Health Counselor for Behavioral Health.
- Collaboration with VGH, PH, Vinton Public Library 5/2023 Mental Health Awareness

- Healthcare education event, CISM (Critical Incident Stress Management) training September 2023
- Responder Strong Mental Health Workshop 04/2023
- Benton County CISM Pre-incident educational training for Benton County Emergency Services: sixteen classes given in 2023.
- Rural Access Center Program: “Zen Den,” assessment and screening for brain health, physical health conditions, suicide risk, brain injury and substance abuse.
- Foundation 2 Crisis Services/ Benton County Sheriff’s Office: Crisis intervention and follow up, FY22, 182 contacts. FY23, 354 contacts.
- Full-time Behavioral Health provider Beth Hunt 12/2023
- Full-time Behavioral Health provider Courtney McIntire 10/2024

PRIORITY 2

Substance Abuse

Substance abuse can have a major impact on individuals, families, and communities. The effects of substance abuse tend to be cumulative, significantly contributing to costly social, physical, mental, and public health problems. Substance abuse refers to a set of related conditions with the consumption of mind- and behavior-altering substances that have negative behavioral and health outcomes.

Substance Abuse

- ❖ Goal 1: Decrease substance abuse among Benton County Youth. Decrease the percentage of 11th graders who reported it was “easy/very easy” to have access to alcohol by 3%.

Actions:

- Above the Influence Core Measurement Survey-Benton County Data collection
- VGH ongoing partnership with Above the Influence Coalition
- Iowa Youth Survey Data review
- Continued promotion for Quitline and MyLifeMyQuit for tobacco cessation programs, MyLifeMyQuit is designed specifically for youth.
- Community event: National Night Out August 2023: “Hidden in Plain Sight” trailer,
- Community event: Garrison Fun Day October 2023 “Hidden in Plain Sight” trailer.
- Public Health and Community Opioid Task Force Est 2023. 2024 VGH proposals submitted.
- Training on Narcan, Current drug trends and Trauma Informed Care provided by ASAC to Van Horne EMS, Access Hub, Foster parents at Four Oaks, Benton Community Schools, and patients in treatment.
- ASAC has worked with Benton Community Schools to train how to use Narcan, assisted with Narcan policy and provided them with appropriate paperwork to get Narcan delivered to them.

- ASAC has provided one hundred businesses and reached over 150 people providing them with education on substance abuse. Education provided on vaping/tobacco education to patients in treatment.
 - ASAC: TIPS (Training for Intervention Procedures) training for those who hold a class C liquor license. There were twelve people total who were trained. This training helps servers learn skills for responsible beverage serving.
 - ASAC: provided education to four different classes at Vinton Shellsburg High School approx. one hundred students. The education was on drug trends and vaping/tobacco.
 - ISTEP (Iowa Students for Tobacco Education Prevention) group at Vinton Shellsburg High School. This group is led by students who want to step up and take action against tobacco and mental health.
 - LifeSkills to Vinton Shellsburg High School Freshman Health Class. This class has twenty-three students. LifeSkills is designed to promote positive health and personal development.
 - Rural Access center: Coordination of health services. Average of fifteen client referrals/engagements each month and to maintain a follow up schedule of 1 week, 1 month, 6 month and yearly wellness checks. Ongoing
- ❖ Goal 2: Decrease prescription drug abuse among Benton County residents; increase the number of pounds of prescription medications collected through drop boxes by fifty pounds.

Actions:

- Posters/fliers distributed to health care locations throughout the county, including medical clinics and pharmacies. Take Back Days for prescription medications. October 2023
- Promotion provided by VGH, Benton County Above the Influence Coalition, and ASAC.
- Provide information to the community on Count, Lock-Up, Dispose campaign through various forms of media and sustainable locations. Example: Benton County Health Fair, Community events. 2022/2023
- Promote Take Back Days for prescription medications. Take Back Days for prescription medications. Social media 2022/2023/2024

Results:

- 2021: 187 pounds
- 2022: Unavailable
- 2023: 50 pounds
- 2024: 75 pounds

PRIORITY 3

Preventive health

Preventive health consists of measures taken for disease prevention by use of proactive health screenings, counseling, and maintenance to prevent future illness. Examples of preventative care are blood pressure, diabetes, and cholesterol testing. Cancer screenings, including mammograms and colonoscopies. Education and counseling and regular well-baby and well-child visits. Preventive measures can be taken at all stages of life to improve our well-being and decrease the burden of disease.

Preventive Health

❖ Goal 1: Promote current Health programs and provide education to residents of Benton County

Actions:

- Community events held to provide information, resources, and support in relation to preventive health.
- Promotion of current VGH services; Diabetes program, Gifts of Hope, PT, Yoga, Childcare, Health Fair, Financial navigator/SHIP, 3D Mammograms and Party in Pink. Pink Basketball game, promoting mammographic services 2022/2023/2024.
- Benton County Fair booth 2022/2023/2024 VGH/PH provided information on current Health programs and provided education. Blood pressure checks provided.
- VGH/PH Blood Pressure clinics at Vinton HACAP resumed November 2022 BP's taken and education provided. 2023 total:131 2024 total:231.
- Continued discussion with the City and Vinton Park and Recreation Department, have been working on plans for a new Wellness Center that would be located adjacent to the high school and combine indoor/outdoor pool areas, gym, walking track, meeting rooms and exercise. This is a partnership that will benefit the community as well as allow Virginia Gay to provide services: diabetes prevention/weight loss/cooking demos/ CPR-first Aide/Baby-sitting/ Coordination support groups/Mental Health peer support/ Grieving/Ministerial services.
- Environmental Health: Completed water samples for bacteria and nitrate forty-three in Benton County 2023
- Environmental Health: Completed 47 Animal bite investigations and follow up.
- Environmental Health attended the Iowa Conference and Water Well Conference.
- Continued monthly COVID 19 Vaccine Clinics coordination/scheduling. in Benton County 58.6% fully vaccinated Dec 2022, Vaccine Clinics discontinued June 2023.
- Continued services to provide vaccines that prevent diseases for children. (Immunizations): VGH Hospital and Clinics/ UP serve as VFC providers.
- VGH Certified Dementia Friendly Facility. Training completed 10/2022.
- HACAP: Provided screening, fluoride varnish, oral health instruction and sealants to Tilford, Longfellow and Shellsburg Elementary Schools
- HACAP became the WIC Contractor on October 1, 2022, and currently provides WIC clinics twice per month in Benton County; it will be increasing to three times per month within the next 3-4 months.
- HACAP: The 1st Five program has seven participating medical practices in Benton County; during FY 2023, has received referrals for children with suspected delays/family stress from three of them.
- HACAP's Childcare Nurse Consultant has provided twelve on-site visits and 105 technical assistance contacts to fifteen early childhood programs in Benton County

❖ Goal 2: Increase Health prevention services to the residents of Benton County

Actions:

Community events held to provide information, resources, and support in relation to preventive health.

- VGH/PH provided Community education in November 2022. Invited by the Vinton Kiwanis Club at Pizza Ranch and open to the community. The education provided was on the "Tripledeemic". Education and updates provided on Flu, RSV and COVID-19 and what we can do to protect ourselves and others.
- VGH/PH: March 2023 Pink Stiletto event Belle Plaine: Education provided on Preventative Care and Health Maintenance for Women, including Benton County health system resources. Reviewed available screenings and recommendations for ages 20s-90's and provided "Taking Steps for a Healthier you" checklist based on age to individual attendees. Blood pressure screenings were performed on attendees and exhibitors. Approximately sixty-five were in attendance.
- 4/1/23 Health Fair: Approximately 250 in attendance including attendees and exhibitors. Networking with forty-seven unique Health and Wellness Community Resources. Public Health hosted and provided /education and resources on; Preventative care and Blood pressure screenings, COVID19 information and free at home test kits, Emergency Preparedness information and free disaster home kits, Hand Hygiene education along with hands on exercise with Glitterbug program and Reach out and Read program with free book distribution.
- HACAP partnership for Feeding America implementation with VGH and Clinics which began in October 2022. VGH/PH has helped strengthen, support, and mobilize communities and partnerships to improve health through this program providing food boxes with appropriate food pantry resources or referrals for assistance to those with food insecurity. Phase II implementation November 2023.
- VGH Flu Clinics: VGH/PH Flu Clinics 2022 approx. eighty vaccines given. 2023: 80, 2024 66.
- VGH: SHIIP partnership 8/2022 implementation. SHIIP clinic approx. three hundred Benton County residents served in 2022. SHIIP informational seminar 4/2023. VGH Health Fair Booth 2023,2024. Client Contacts Breakdown Mercy Medical Center - Linn County: 910 client contacts, Virginia Gay Hospital (VGH): 622 client contacts. 6/2024 Total: 1,532 client contacts (This number increases by the day)
- Benton County Extension: April 2023 Open House and Information Fair
- Spotlight on Benton County and VGH Health Services: 10/26/2022 - Lions Club Presentation on VGH Services
- Benton County Baby Shower 9/2022 event. VGH/PH had a booth and provided education on Importance of childhood vaccines and reviewed important milestone moments for growth and development. Educational materials provided.
- VGH/PH Sexual Health Clinic 9/2022 Partnership with LCPH to provide services in Benton County.
- April 2023 VGH/PH collaboration with Vinton Public Library for monthly community health and wellness education display.
- VGH/PH: Party in the Park booth, Health services promotion and Blood Pressure screenings and education 06/2023, 06/2024
- PH: 2023 Stop the Bleed program to Benton County Schools
- VGH: Financial Literacy Fair, assisting with youth education for career development 5/2023.
- VGH/RT N95 FIT Testing 7/2022 at Vinton Lutheran Home continued 2023/2024.

- VGH: 3/2023 Girl Scout Garden User Agreement - produce was donated to Atkins food program for distribution in community. 2024: The Atkins Girl Scout Community Garden flourished over the summer, with dedicated Scouts working hard to grow fresh vegetables and flowers for the community.
- VGH/Benton County to provide Jail nursing 3/2023 - 10/2024.
- VGH: Iowa Cancer Consortium Grant - Sun Safety Program - provided sunscreen accessibility at outdoor public events. 2022/2023/2024
- VGH Medical Clinics: Reach Out and Read Program promoting literacy in the community. Youth from birth to age 5 receive a book at child wellness visits. Providers read with the children, helping to assess development progress and encourage families to read at home. By age 5 children will have built up a home library of fifteen books.
- Benton County Transportation: Providing reliable transportation to the citizens of Benton County. FY 22-23 we provided 18,657 rides for Benton County residents and traveled 217,114 miles. Providing transportation to medical visits, pharmacies, grocery stores, day habs, shopping venues, etc. Partnership with HACAP to deliver hot meals at lunch in both Vinton and Belle Plaine. Now providing transport to VA in Iowa City to transport disabled Vets to medical appointments.
- FY23 Benton County Child Care Nurse Consultant - Hawkeye Area Community Action Program (HACAP): Child Care Nurse Consultant (CCNC) services to Early Learning Environments serving children age six weeks to six years in Benton performed 20 Consultation visits to early childhood programs, 19 Children with special health care needs served, 15 Early Childhood programs served.
- FY23 Benton County Head Start - Hawkeye Area Community Action Program (HACAP): Head Start serves 3-5-year-old children. Services will be offered to Benton County families five days a week, ten hours a day for up to two hundred days. 24 Children enrolled in Head Start, 17% of Children were screened for developmental delays and referred for follow up services/treatment.
- Literacy Initiatives: Our bookshelf from ISU extension. Provided weekly virtual classes teaching a reading technique called dialogic reading, and prereading skills in children aged three to six. The Dolly Parton Imagination Library mails an age-appropriate book to enrolled children each month, free of charge. The program also provides pre- and early literacy tips. 384 Families served - Our Bookshelf. 446 Families served - Dolly Parton Imagination Library
- Better Tomorrows: Over fifty childcare professionals completed the Early Childhood Positive Behavioral Supports and Interventions training. 19 childcare programs utilized our behavioral support program which provided over 120 onsite consultations and technical assistance contacts. Forty-one childcare professionals completed professional development classes related to early childhood behavior and positively managing behaviors in the classroom.
- Better Tomorrows: Recent data for early literacy screening has 66% of kindergarten students in Benton County and 58% in Tama County meeting the fall benchmark. To help address this need, we have introduced a variety of early literacy initiatives serving 500 children, resulting in: 100% of families report an increase in reading to their child each day, 77% of families report an increase in talking with their child about new words, 100% of families that reported increasing the amount of time they talk, sing, and play with their child.

- March 2024: VGH Health Fair was a great success, drawing approximately 470 attendees and featuring around 60 exhibitors offering a variety of health and wellness activities. Participants enjoyed services and information from Virginia Gay Hospital which included, Food & Nutrition Services, Therapy, Respiratory Therapy, Human Resources, Home Health, and Foundation. Other exhibitors included SHIIP, HACAP, the Lions Club (offering free eye screenings), the Vinton Public Library, Benton and Linn County Public Health, EMS services, and the Benton County Sheriff's Department, which provided child ID cards. Additional highlights included hands-on arts and crafts, resources from the Riverview Center, local educational institutions, Farm to School and Farm to Table initiatives, Iowa State Extension Services, and many more. Volunteers conducted 35 blood pressure checks, and 45 food boxes were distributed to community members.

NEXT STEPS

Health Improvement Plan Continues

The CHNA was adopted by the Virginia Gay Hospital Board of Directors on September 27, 2022. Virginia Gay Hospital and other community stakeholders are encouraged to use this CHNA to plan strategies and establish objectives based on the identified health priorities. As listed, Benton County is fortunate to have many collaborative partnerships to serve the needs of our community.

The CHIP 2022-2025 is a living document that will be reviewed and revised annually. Our community is constantly evolving, and we want to ensure that our work reflects the health needs of our community. Updates will be provided to the community throughout the implementation of CHIP. The Community Health Assessment and Improvement Plans are a cyclical process. In 2024, data collection will begin for the next CHNA, while the CHIP work continues with community partners.

Benton County Public Health is available to the community to help facilitate activities associated with the CHNA, coordinate community response efforts, and support the needs of agencies for data collection and analysis. A copy of the CHNA and CHIP reports will be made publicly available on www.myvgh.org, https://www.bentoncountytia.gov/public_health/ and upon request.

Contact Information

Virginia Gay Hospital

502 North 9th Avenue

Vinton, IA 52349

Tel (319) 472-6200

Fax (319) 472-6222

www.myvgh.org



Benton County Public Health

811 D Avenue

Vinton, IA 52349

Tel (319) 214-2601

Fax (319) 214-2602

https://www.bentoncountytia.gov/public_health/



COMMUNITY PARTNERSHIPS

A special thank you to all our community partners for their time, insights, and continued collaboration.

- Virginia Gay Hospital, Clinics, Home Health, and Nursing & Rehab
- VGH Board of Directors
- Benton County Suicide Coalition
- Benton County Board of Supervisors
- Benton County Board of Health
- Benton County Public Health
- Benton County Environmental Health
- Benton County Emergency Management
- Benton County Disaster Recovery Coalition
- Benton County Stepping up Coalition.
- Benton County Department of Health and Human Services
- Benton County Transportation
- Benton County School Districts
- Benton County Development Group
- Benton County Wellness Coalition
- Benton County Rural Access Center
- Region 6 Emergency Preparedness Coalition
- Vinton Unlimited
- Above the Influence Coalition (Substance Abuse)
- Iowa State Benton County Extension Office
- Benton County Police Departments
- Better Tomorrows (Early Childhood Iowa)
- Benton-Iowa Decategorization
- Hawkeye Area Community Action Programs (HACAP)
- Area Substance Abuse Council (ASAC)
- Vinton Parks & Recreation Department
- Abbe Center for Community Mental Health



APPENDIX

Benton County Service Directory

Benton-Iowa Decategorization Initiative



Stakeholders involved in the development of this directory include:

Flourishing Families Community Partnership for Protecting Children (CPPC)
Benton County Coalition
Better Tomorrows ECI

Benton-Iowa Decategorization
Lisa Staude, Coordinator
 Email: lstaude@dhs.state.ia.us

Benton County Website: www.bentoncountyiowa.org

United Way 211: Dial 2-1-1 from your cell phone or landline for help with food, housing, employment, health care, counseling and more. 2-1-1 provides free and confidential information and referrals. Or call (866) 469-2211.

Revised 10/11/23.

Abuse/Domestic Violence (DV)

CV Friends of the Family ER Shelter	800-410-7233
Child/Dependent Adult Abuse Reporting	800-362-2178
Child Protection Center – St Luke's	319-369-7908
DV Hotline & Center 800-208-0388 or 319-363-2093	
Human Trafficking Hotline	888-373-7888
Iowa Coalition Against Domestic Violence	800-770-1650
Riverview Center, Inc. sexual assault 888-557-0310	

Addiction Treatments

Area Substance Abuse Council	319-472-2443
Drug Abuse Hotline	800-662-2873
Gambler's Assistance...800-238-7633.... 800-BETS-OFF	
Next Steps meetings Wed -6:30 @ 6101 32 Ave, Shellsburg	
Quit-line Iowa (Tobacco Cessation)	800-784-8669
Sedlacek Treatment Center	319-398-6226
Your Life Iowa multiple crisis issues 855-581-8111	

Children & Family Services

Better Tomorrows ECI	319-214-1471
Child Support Recovery	319-398-3619
HACAP-1st Five	319-739-0085
Tanager Place 319-365-9164	
Families, Inc (Building family strengths) ... 319-643-2532	
Foundation 2 hotline 800-332-4224 or 319-362-2174	
Four Oaks	319-363-0636
LSI Family Support	319-214-1054
Infant See Program	319-472-3848 or 319-472-4741
Iowa Healthy Families Line	800-369-2229
Parent Partners	641-799-9081
Swaddling Clothes (Keystone)	319-442-3514
Women, Infants, and Children (WIC)	800-643-1629
Young Parent's Network	319-364-8909

Child Care Centers

IOWA CCRR- PARENT REFERRAL SOURCE 855-244-5301

Early Beginnings (A) -446-6060s (VH) 319-228-8808	
Creative Kids Co. (Shellsburg) 319 202-0049	
HACAP Head Start (Vinton) 319-472-4761	
Vinton Early Learning 319 472-4840	

Education & Preschool

A Family Service Alliance Early Access	319-399-6749
Belle Plaine Community Schools	319-444-3611
BP High/Middle School	(7-12) 319-444-3720
Longfellow Elementary School (K-6)	319-444-3002
Benton Community Schools	319-228-8701
Atkins Elementary	(P-3) 319-446-7525
Keystone Elementary (P-3)	319-442-3221
Middle/High School (Van Horne) (7-12)	319-228-8701
Norway Intermediate (4-6)	(319-227-7142)
Center Point Urbana School	319-849-1102
CP Schools (P-2, 6-12)	319-849-1102
Intermediate School (Urbana) (3-5)	319-849-1102
Central Lutheran Newhall (P-8)	319-223-5271
Grant Wood AEA 10	319-399-6700
High School Completion - call Kirkwood	319-472-2318
Kids Kingdom Belle Pl. (preschool) 319 444-2849	
Kirkwood Community College (Vinton)	319-472-2318
TLC Preschool (Vinton) (preschool) 319-472-5571	

Union Community School District	319-342-2674
DG Elementary (Dysart)	(P- 5) 319-476-7110
LPC Elementary (La Porte City)	(P-5) 319-342-3033
Union MS (Dysart)	(6-8) 319-476-5100
Union HS (La Porte City)	(9-12) 319-342-2697
Vinton-Shellsburg Community Schools.....	319-436-4728
Shellsburg Elementary	(P- 5) 319-436-4728
Tilford Elementary	(P- 5) 319-436-4728
Middle School	(6- 8) 319-436-4728
High School	(9-12) 319-436-4728

Employment

Iowa Vocational Rehabilitation.....	319-294-9308
Iowa Workforce Development.....	319-365-9474
Proteus Farm workers	800-397-9675

General/Financial Assistance

Benton County Social Services	319-472-4743 x1
Benton County Veteran's Affairs.....	319-472-3150
Department of Human Services.....	800-972-2017
Horizon's Consumer Credit Counseling	877-653-3123
Iowa Concern.....	800-447-1985
ISU Extension & Outreach.....	319-472-4739
Salvation Army.....	319-560-1921
Social Security Administration	866-495-0088
Veteran's Administration	800-838-4692

Food Assistance/Meals

Belle Plaine	Tues & Fri@ 1:30-4.....	641 751-8557
Benton County Food Pantry (Belle Plaine)		319-981-1143
Benton County Food Pantry (Vinton)		319-472-4743
Department of Health & Human Services		800-972-2017
Garrison Lib	1 st & 3 rd Wed@ 2:30-5:30	319 477-5531
HACAP Benton Main Office.....		319-472-4761
Helping Hands (Atkins) 1 st & 3 rd Sun@ 11-12		319-446-7196
Iowa Food Bank Association Hotline		855-944-3663
Shellsburg	2nd Sat@10-11:30 & 4 th Th@ 4-5:30	319-436-2864
St. Mary's (Urbana)...	by appointment only	319-560-4907
Walford Hope Matters	Wed @ 4-5:30.....	319-845-3085
Wesley Methodist Church	3 rd Sat 10 - 11	319-270-7778

Government Offices

Atkins City Hall.....	319-446-7870
Belle Plaine City Hall.....	319-444-2200
Belle Plaine Comm. Development Corp	319-434-6481
Benton County	
Board of Supervisors	319-472-4869
Correctional Services.....	319-472-5585
Magistrate's Clerk	319-472-4902
Social Services/MHDS-ECR.....	319-472-4743
Benton Development Group	319-472-5545
Blairstown City Clerk	319-454-6931
Garrison City Hall.....	319-477-8353
Keystone City Hall.....	319-442-3246
Mt Auburn City Hall	319-240-0078
Newhall City Hall.....	319-223-5709
Norway City Hall	319-227-7351
Shellsburg City Office	319-436-2954
Urbana City Hall.....	319-443-2400

Van Horne City Hall	319-228-8238
Vinton City Clerk's Office	319-472-4707
Vinton Unlimited	319-472-3955
Walford City Hall	319-846-3103

Health Care

Ask-a-Nurse	319-398-6011
Benton County Public Health	319-472-6360
Essence of Life Hospice	319-622-3195
Gifts of Hope	319-472-6375
HACAP Health Care: Medicaid; Hawk-I.....	319-739-1510
HACAP I-Smile	319-739-1545
Hospice Compassus	319-343-5166
Nurse-On-Call	800-593-1414
Planned Parenthood	877-811-7526
St Luke's Family Health Center	319-369-7397
Senior Health Insurance Info Prog (SHIIP)	800-351-4664
Unity Point Clinic (Belle Plaine)	319-444-2840
Unity Point Clinic (Vinton)	319-472-2304
Virginia Gay Hospital	319-472-6200
Virginia Gay Medical Clinic (Atkins)	319-446-7800
Virginia Gay Medical Clinic (Urbana)	319-443-5000
Virginia Gay Medical Clinic (Van Horne).....	319-228-8000
Virginia Gay Medical Clinic (Vinton).....	319-472-6300

Health Care: Facilities

Belle Plaine (ICF, skilled, long term)	319-444-2500
Keystone Home Health	319-442-3650
Keystone Nursing Care Center(skilled).....	319-442-3234
Vinton Lutheran Home (ICF, sk, mcu)	319-472-4751
Assisted Living	319-472-2092
Virginia Gay Nursing and Rehab	319-472-6280
Windsor Manor (Ass Liv & Mem Care)	319-472-2060

Household Items

ECHO Ministries	319-472-2002
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Housing, Fuel Assistance, & Weatherization

Abundant Life Ministries.....	319-640-5051
Benton County Apartments.....	319-213-1087
Benton County Social Services	319-472-4743
Cedar Valley Friends of the Family	319-352-1108
Financial Service Group Inc.	319-664-3578
HACAP Benton Housing	319-366-7631
HACAP Benton County Main Office.....	319-472-4761
HACAP Services for Veteran Families.....	319-393-7811
Habitat for Humanity	319 366-4485
KarTay Apartment Management.....	319-334-7110
Rightway Management Services	563-432-6160
Salvation Army	319-560-1921
Truverse Belle Plaine -Elderly or disabled	800-383-5204
USDA Rural Economic Development	563-886-6006
Vinton & West Vinton Park Apartments	319-472-4424
Waypoint – (homeless resource)	319-366-7999
Welcome Home apartments	319-472-3083

In-Home Visitation Service

Home Instead-Home Health Elderly/disabled	319-472-4004
Keystone - Home Health	319-442-3650
Leaping Rescues	319-551-1351
Vinton Lutheran Home Health Elderly/disabled	319-472-2092
Virginia Gay Hospital Home Health Elderly/disabled	319-472-6360

Law Enforcement

Belle Plaine Police Department	319-444-2323
Benton County Sheriff	319-472-2337
Juvenile Court Services	319-472-3957
Shellsburg Police Department	319-436-7763
Urbana Police Department	319-443-2780
Vinton Police Department	319-472-2321

Legal Assistance

Iowa Civil Rights Commission	800-457-4416
Iowa Concern Hotline	800-447-1985
Iowa Legal Aid	319-364-6108 or 800-532-1503

Mental Health Services crisis line 988

Abbe Center for Community Mental Health	319-472-5226
Benton County Social Services	319-472-4743
Benton County Rural Access Hub	319-436-0400
Catholic Charities	319-364-7121
Crisis Text line	Text 741741
Families Inc.	319-643-2532
Foundation 2 Mobile Crisis	319-247-0030
Oak Grove Church Counseling	319-453-2065
Social Services/MHDS-ECR	319-472-4743
Suicide Hotline 855-581-8111 or 800-SUICIDE or 844-775-9276	
Therapeutic Innovations	319/540-5643
Vinton Counseling Services	319-472-4499

Special Needs/Disability

Access2 Independence	319-328-3870
ARC of East Central Iowa	319-365-0487
ASK - Access for Special Kids	800-450-8667
Heritage Area Agency on Aging	800-332-5934
Horizons- Payee services	319-398-3943
Iowa COMPASS	800-779-2001
Iowa Developmental Disabilities Council	800-452-1936
Iowa Family Support Network	888-425-4371
Iowa Foster & Adoptive Parents (IFAPA)	515-229-8747
Legal Center for Special Education	800-532-1503
North Star Community Services	319-472-4246
REM	319-472-4088
RHD	319-826-2823
Social Security Office	866-495-0088

Transportation

Benton Co Transportation	319-472-2413
Benton Co Volunteer Program (BP)	319-434-6078
TMS Medical Transportation	866-572-7662

Volunteer Opportunities

United Way Volunteer Center	319-398-5372 ext. 844
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