



Poison HOTLINE

1-800-222-1222

March 2026

National Poison Prevention Week

National Poison Prevention Week (NPPW) is observed annually during the third full week of March. NPPW was established by Congress in 1961 and is dedicated to raising awareness about poison prevention and safety. Additionally, NPPW helps to promote the use of the Poison Help line (1-800-222-1222) for the public and healthcare providers. This year, NPPW is March 15-22, 2026, with the theme, “*When the unexpected happens, Poison Help is here for you.*” Whether you have general questions or a poison emergency, Poison Help is available 24/7/365.

Iowa Poison Control Center:

Calls to the Iowa Poison Control Center (IPCC) are answered 24 hours a day by highly trained registered nurses and pharmacists who are Certified Specialists in Poison Information. The specialists work under the direction of physicians who are board-certified in medical toxicology.

New Chat Feature Launches During NPPW:

The IPCC is excited to introduce a new Poison Help Chat feature, making it even easier for the public to connect with our poison experts. This secure online chat option provides fast, free, and confidential guidance from any internet-enabled device. Visit our website to learn more: www.iowapoisson.org/chat.

Want to get Involved?

Poisoning remains the leading cause of injury-related death in the U.S., and each year, the nation’s 53 accredited poison centers manage over 2 million cases. Here are a few simple ways to get involved in raising awareness of poison prevention in your community:

- **Be Prepared:** Scan the QR Code to save the Poison Help line number in your phone and encourage your friends and colleagues to do the same.
- **Help Spread the Word:** View and share NPPW resources from this [Partner Toolkit](#).
- **Like and Follow** the IPCC on [Facebook](#), [Instagram](#), and [LinkedIn](#).



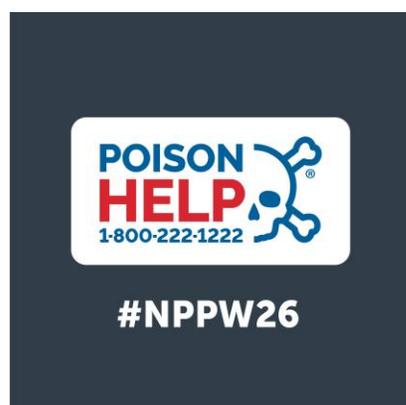
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Please post and share this edition of **Poison Hotline** with your colleagues.

For questions/comments or to subscribe/unsubscribe from this distribution list, contact the IPCC Education and Outreach Manager at janna.day@unitypoint.org or (515) 433-3230. Read past issues of **Poison Hotline** at <https://www.iowapoisson.org/health-care-providers/poison-hotlines>.



Did you know

In Fiscal Year 2025, our team of specially trained nurses, pharmacists, and physician toxicologists at the Iowa Poison Control Center managed 23,769 exposure cases. Each case may have involved one or multiple calls, and the increasing complexity and severity of poisonings is reflected in the 53,308 follow-up calls conducted this year - a record high for the IPCC.

Our FY 2025 Annual Report is now available on our website and linked here: [FY 2025 IPCC Annual Report](#). Take a look to learn how the IPCC is making an impact in all 99 counties.

Call **1-800-222-1222** to speak to any of our specially trained nurses, pharmacists, or physicians 24/7/365.

